|  | January $2020$ |  | 1/2 <br> Breakfast: Skillet Frittata OR cereal and toast, fruit, juice, milk <br> Lunch: Chicken Smackers, OR Hot Dog on bun, peaches, mini salad, baked beans, milk | 1/3 <br> Breakfast: Breakfast pizza OR biscuit \& cereal, peaches, juice, milk <br> Lunch: Pizza OR Popcorn Chicken w/bread, pears, carrots \& celery sticks, cinnamon swirl cake, milk |
| :---: | :---: | :---: | :---: | :---: |
| 1/6 <br> Breakfast: scrambled eggstravaganza \& toast, OR toast w/cereal, applesauce, juice, milk <br> Lunch: Rattlesnake bowl OR chicken patty sandwich, peaches, carrots \& cucumber slices, milk | 1/7 <br> Breakfast: Sausage on a stick OR scrambled egg and cereal, fruit, Juice, milk <br> Lunch Chicken Smackers OR corn dog, fruit, sweet potato fries, corn, milk <br> Or salad bar w/milk | $1 / 8$ <br> Breakfast: Biscuit \& Gravy OR biscuit and cereal, peaches, juice, milk <br> Lunch: Taco w/cheese OR rib patty Sandwich, pears, romaine, diced tomatoes, refried or black beans, milk | 1/9 <br> Breakfast: Cinnamon Roll \& Sausage patty OR Cereal \& Sausage patty, Fruit, Juice, Milk <br> Lunch: Breakfast for lunch OR chicken patty sandwich, fruit, steamed broccoli, hash browns, milk <br> Or salad bar w/milk at NH and CE | 1/10 <br> Breakfast: French Toast Sticks OR Toast \& Cereal, mixed fruit, juice, milk <br> Lunch: Meatballs w/dinner roll OR corn dog, mixed fruit, mashed potatoes, green beans, ice cream bar, milk |
| $1 / 13$ <br> Breakfast: yogurt parfait OR cereal and toast, pears, juice, milk <br> Lunch: Pepperoni Pizza OR fish sandwich, peaches, carrots, chocolate chip cookie, milk | 1/14 <br> Breakfast: Skillet Frittata OR cereal and toast, fruit, juice, milk <br> Lunch: Beef lasagna w/breadstick OR pepperoni calzone, fresh fruit, steamed cauliflower, corn, milk <br> Or salad bar w/milk | $1 / 15$ <br> Breakfast: Sausage, egg \& toast, OR cereal and egg, peaches, juice, milk <br> Lunch: Breaded Pork Chop w/bread OR BBQ chicken sandwich, pears, mashed potatoes, green beans, milk | 1/16 <br> Breakfast: Breakfast pizza OR biscuit \& cereal, peaches, juice, milk <br> Lunch: Fried Chicken Leg w/roll OR Under the Sea Dippers, fruit, baked beans, seasoned potato sticks, milk <br> Or salad bar w/milk at NH and CE | $1 / 17$ <br> Breakfast: Waffle \& sausage OR cereal and sausage, fruit, juice, milk <br> Lunch: Chicken Alfredo w/breadstick OR pepperoni calzone, mixed fruit, fresh broccoli, stop light peppers, cucumber slices, Rice Krispie Mini, milk |
| 1/20 <br> Breakfast: scrambled eggstravaganza \& toast, OR cereal \& toast, applesauce, juice, milk <br> Lunch: Beefy Nacho Scoops OR Hamburger/Cheeseburger, pears, lettuce, salsa, refried beans, pudding, milk | 1/21 <br> Breakfast: Sausage on a stick, OR cereal and scrambled egg, fruit, juice, milk <br> Lunch: Country Fried Steak OR Bosco Stuffed Crust Pizza, fruit, mashed potatoes, green beans, milk <br> Or salad bar w/milk | 1/22 <br> Breakfast: Biscuit \& Gravy OR Cereal and biscuit, peaches, juice, milk <br> Lunch: Chicken Noodle Soup w/ ½ grilled cheese OR Grilled cheese sandwich, applesauce, carrots, celery, milk | 1/22 <br> Breakfast: Cinnamon Roll \& Sausage patty OR Cereal \& sausage patty, fruit, juice, milk <br> Lunch: Chicken Tenders w/bread OR Hamburger/cheeseburger, fruit, broccoli, tater tots, milk <br> Or salad bar w/milk at NH and CE | 1/24 <br> Breakfast: French Toast Sticks OR cereal \& toast, mixed fruit, juice, milk <br> Lunch: Chicken Pot Pie OR Bosco Stuffed Crust Pizza, mixed fruit, cauliflower, cucumbers, Rice Krispies Mini, milk |
| $1 / 27$ <br> Breakfast: yogurt parfait OR cereal and toast, pears, juice, milk <br> Lunch: <br> Chicken Smackers \& mac n cheese OR hot dog, peaches, grape tomatoes, baked beans, milk | 1/28 <br> Breakfast: Skillet Frittata OR cereal and toast, fruit, juice, milk <br> Lunch: <br> Chili Soup w/sandwich OR cheezy breadsticks, fruit, peppers \& cucumbers, milk <br> OR salad bar w/milk | 1/29 <br> Breakfast: Sausage, egg \& toast, OR cereal ang egg, peaches, juice, milk <br> Lunch: <br> Pizza Squares OR Popcorn Chicken w/bread, pears, carrots and celery sticks, cinnamon swirl cake, milk | 1/30 <br> Breakfast: Breakfast pizza OR biscuit \& cereal, peaches, juice, milk <br> Lunch: <br> Roasted Turkey OR hot dog, fruit, steamed broccoli, mashed potatoes, milk <br> Or salad bar w/milk at NH and CE | 1/31 <br> Breakfast: Dutch waffle \& sasuage OR cereal and sausage, fruit, juice, milk <br> Lunch: <br> Spaghetti w/breadstick OR cheesy breadstick, mixed fruit, peas, corn, ice cream, milk |

